

Put off...Put on

"Put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires." Ephesians 4:22

But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires." Romans 13:14

PUT OFF

Scriptural Insight

PUT ON

1. Lack of love	1 John 4:7, 8, 20	John 15:12	Love
2. Judging	Matthew 7:1,2	John 8:9; 15:22	Let God search my heart
3. Bitterness	Hebrews 12:15	Ephesians 4:32	Tender hearted
4. Unforgiving spirit	Mark 11:26	Colossians 3:13	Forgiving spirit
5. Selfishness	Philippians 2:21	John 12:24	Self denial
6. Pride	Proverbs 16:5	James 4:6	Humility
7. Boasting (conceit)	1 Corinthians 4:7	Philippians 2:3	Esteeming others
8. Stubbornness	1 Samuel 15:23	Romans 6:13	Brokenness
9. Disrespect for authority	Acts 23:5	Hebrews 13:17	Honor authority
10. Rebellion	1 Samuel 15:23	Hebrews 13:17	Submission
11. Disobedience	1 Samuel 12:15	Deuteronomy 11:27	Obedience
12. Impatience	James 1:2-4	Hebrews 10:36	Patience
13. Ungratefulness	Romans 1:21	Ephesians 5:20	Gratefulness
14. Covetousness	Luke 12:15	Hebrews 13:5	Contentment
15. Discontent	Hebrews 13:5	1 Timothy 6:8	Contentment
16. Murmuring/complaining	Phil. 2:14	Hebrews 13:15	Praise
17. Irritation to others	Galatians 5:26	Philippians 2:3,4	Preferring in love
18. Jealousy	Galatians 5:26	1 Corinthians 13:4	Trust
19. Strife/contention	Proverbs 13:10	James 3:17	Peace
20. Retaliation	Proverbs 24:29	Romans 12:19,20	Return good for evil
21. Losing temper	Proverbs 25:28	Proverbs 16:32	Self-control
22. Anger	Proverbs 29:22	Galatians 5:22,23	Self-control
23. Wrath	James 1:19,20	Proverbs 15:1	Soft answer
24. Easily irritated	1 Corinthians 13:5	Proverbs 19:11	Not easily provoked
25. Hatred	Matthew 5:21,22	1 Corinthians 13:3	Love
26. Murder	Exodus 20:13	Romans 13:10	Love
27. Gossip	1 Timothy 5:13	Ephesians 4:29	Edifying speech
28. Evil speaking	James 4:11	Proverbs 15:30	Good report
29. Critical spirit	Galatians 5:15	Colossians 3:12	Kindness
30. Lying	Ephesians 4:25	Zechariah 8:16	Speak truth
31. Profanity	Proverbs 4:24	Proverbs 15:4	Pure speech
32. Idle words	Matthew 12:36	Proverbs 21:23	Bridle tongue
33. Wrong motives	1 Samuel 16:7	1 Corinthians 10:31	Spiritual motives
34. Evil thoughts	Matthew 15:19-20	Philippians 4:8	Pure thoughts
35. Complacency	Revelation 3:15	Revelation 3:19	Zeal
36. Laziness	Proverbs 20:4	Proverbs 6:6-11	Diligence
37. Slothfulness	Proverbs 18:9	Colossians 3:23	Wholeheartedness