

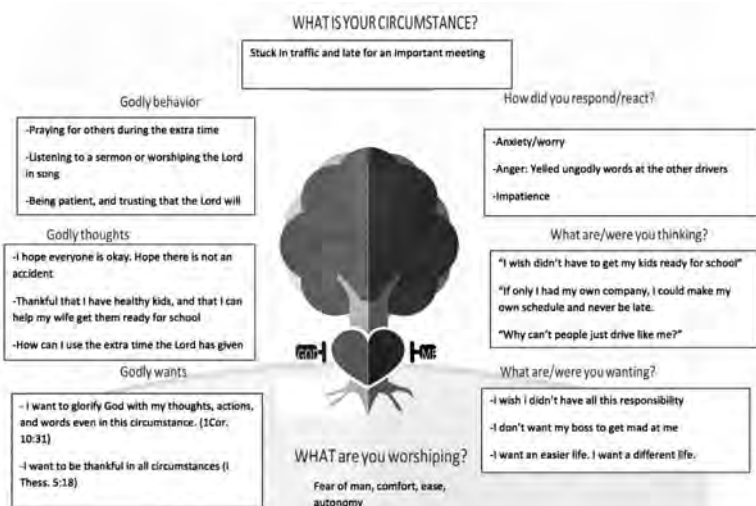
SOUL CARE | WEEK 3

Out of the heart

Read | Jeremiah 17:5-10, Psalm 115:1-8, Luke 6:45, Matthew 15:8, Ephesians 4:17-25

As we push one another toward godly living, we must make sure that we are always striving to get at the heart of the issue. Often times, we change our behavior and even stop a specific visible sin, but we don't actually uproot the true idols of the heart. Many times, our problems are not due to our external circumstances, but our circumstances can reveal what we are truly worshiping. Below, you will find another helpful tool that is useful for getting to the heart of the situation.

Do | After looking at the example, fill in answers for your own "Tree Diagram" on a separate page and ask yourself: *What am I worshiping when I get anxious, angry, or full of doubt? And how has God called me to respond in light of this situation?*



- Think |**
1. How was this exercise beneficial in getting to the heart of the certain behaviors?
 2. How do you think this exercise could be beneficial in a small group setting?