

Philippians: Jesus: God, Man, Lord : High, Lowest, Highest| Philippians 2:5-11

1. **THINK:** Jesus intentionally humbled himself. We are called to have this same mind in us. What was involved in Jesus humbling himself? If Jesus, who is God, found ways to intentionally humble himself, what did He give up to do that and what was the greater thing He gained in doing so? **DO:** Paul not only commands us to have the same mind, but promises us that it is ours in Christ Jesus. Though you are already born in the likeness of man, but are not God, there are two other aspects that you can achieve. You can empty yourself and you can take the form of a servant. Write and think through some ideas as to what that looks like in your life, practically, day to day. Consider who around you needs to see you empty yourself and take the form of a servant.

2. **THINK:** The point of this text is really to get us to gaze at Jesus and see how marvelous He is. There's not much point to being humble and going through the motions if first we do not see Him who humbled Himself first. What are some points of worship you can draw from this text that helps us get a grasp of what Jesus really experienced...and who Jesus really is? **DO:** Talk through the danger of being humble for humble sake instead of being humble for Jesus' sake. What is the difference? What do the two look like? Without Jesus as our example, what is the point of humility?

3. **THINK:** The 'marvel at what has happened' is that Jesus is worthy of all worship. But, the way it transpires is that worship of Jesus is highlighted by showcasing not only what He is, but what He chose to become in his lowliness. How does the lowliness of Jesus draw worship? We live in a world where often we want to showcase ourselves by our achievements and what we gain. Jesus showcased himself in what He was willing to give up and not even considering equality with God as something to be grasped. **DO:** What do you have to give up in these different scenarios that happen in your life:
 - a. You have the opportunity to share your opinion. What do you have to give up if you humbly refrain from, sharing it?
 - b. You could use that \$100 for something you want. What do you have to give up if you humbly share it or use it for another?
 - c. You see someone you don't share the same look, lifestyle or priorities with. They are in need. What do you have to give up if you humbly serve them?
 - d. You really wanted that position in ministry, but someone else has been chosen. How do you humbly respond?
 - e. Your kids keep doing the same things wrong. How do you humbly, set yourself aside and deal with the situation?
 - f. Everyone else wants to use the weekend for something else, but you have a strong preference on how you'd like it. How do you humbly lay down your preferences and what do you have to lose?
 - g. What other scenarios do you face daily where the Lord is drawing you to humble yourself?

4. **THINK and DO:** Talk through and discuss why Jesus being God makes all the difference? Why does this matter? Why does this matter to you every day as you live out the truths of Christianity and who Jesus is? What are the ramifications on your life if Jesus was not God?
5. **THINK:** How do you respond to the command that you are to have this mind in you that is in Christ? Do you take it seriously? Is it on your radar to repent when you don't meet the expectation?

DO:

1. Do a study on humility in the Scriptures and memorize a verse or two.
2. Determine several areas of your life where you can intentionally humble yourself.
3. Do a study of the holiness of God which will certainly inspire humility in your life.